



THEA  
ZWIEGERS  
EDUCATIONAL PSYCHOLOGIST

4B Russel Street, Benoni  
11 420 1312  
hello@ecistore.co.za  
www.ecistore.co.za

## ABOUT ME

I am an internationally experienced Educational Psychologist who works with children of all ages, as well as adolescents over a wide range of difficulties. These include emotional difficulties (mood disorders, eating disorders, trauma, anxiety, ADHD, autism, behavioural problems, alcohol and drug abuse, truancy, discipline). I also help with scholastic/academic difficulties, psycho-neurological difficulties, child abuse and molestation, custody disputes after divorce, and subject choice and career guidance, study skills and motivation, personal growth and building of self-esteem.

I am further involved in psychotherapy and play therapy (mostly Cognitive Behavioural Therapy and Solution Focused Therapy) with people of all ages, as well as psychometric assessments for a wide range of difficulties, including scholastic difficulties, school readiness, special accommodation assessments and subject-choice and career guidance.

I obtained extensive experience in medico-legal work and medical negligence. I do family therapy, couples/marriage counselling and bereavement therapy. I further worked with persons suffering from Post-Traumatic Stress Disorders (PTSD). I do personality assessments for the selection of adoptive parents and foster parents.

I am a people's person who loves to work with children and adolescents, and I am very passionate about parental guidance because I feel it is important to equip and empower the parent to help their children. I am also very passionate about school readiness and feel that a lot of children enter the formal school environment not equipped to cope with the demands of the school environment (emotional, physical or cognitive). I am also striving to help my clients in raising their educational achievement and attainment. "I feel that early intervention is very important and that is why it is important to contribute towards the knowledge of teachers, parents and the general public." I work both in Afrikaans and English.